

Practical Exercise

“Being a Star”

Produce a short video clip (less than one minute) acting out the part of an ‘Olympic Star’ in his or her discipline. Send us your clip and we can include it in our gallery.

Sequence

1. Collect ideas

- Make up your own story about an Olympic Star (it could be: realistic, funny, tragic, triumphant, ...)
- Which is his/her Olympic discipline?

2. Design of the video

- Divide your story into individual sequences.
- Who would play the part of the Olympic star?
- Where would you set the story?
- Where could you record it?
- What props would you need for the recording?

3. Record the material

- Prepare and rehearse the sequences
- Record each sequence individually (ideally using a mini-DV camera)

4. Edit the material

- What message do you want to communicate?
- Watch all the material you have filmed.
- What material is important for the message?
- What material can be left out?
- Which additional elements will you use to support your message?
 - Titles? Subtitles? Additional music*/sounds for the soundtrack?

5. Evaluate and submit your video

- Watch and discuss your video with your group or class.
- Is the message you intended in question four communicated to the group?
- Submit your video clip to us.

*Commercial music can not be used since the clips will be published online

